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## Welcome to our first Yea and District Memorial Hospital (YDMH) newsletter.

YDMH has served the local community since 1928 and has established a proven model of success to deliver high quality health services.

We'd love to share more about the services available and how you can access them. Additionally, we'd like to highlight some of our recent achievements and introduce you to our newer services.

Our health service is focused on providing optimal healthcare experiences supported by robust systems. Through regular engagement with the local community, we know how to combine the local needs with best practice care to achieve results for patients and carers.

We provide a full suite of service including:

1. Acute care
2. Rosebank Residential Aged Care
3. Community Health
4. District Nursing

YDMH is a 10-bed acute care hospital that operates a 24/7 Urgent Care Centre. It also has 25 residential Aged Care beds in both the Rosebank Aged Care facility and the Rosebank Hostel. We provide for both high and low level care needs and offer respite services as required.

The Hospital offers medical telehealth via the Victorian Virtual Emergency Department, and delivers Community Health and District Nursing Services, Wound and Skin Excision Clinic, cardiovascular health assessments and advice, mental health and drug and alcohol services, and of course our famous sale yards health program (more about that later).

Our exceptional team of health care clinicians is focused on the delivery of safe, high quality services and work closely with our general practitioners and community health practitioners.

# A Health Service for the Community

Yea and District Memorial Hospital proudly delivers the following services to our local community and those who visit:

- 24-hour Urgent Care Centre
- 10-bed Acute Ward
- 25-bed Residential Aged Care Facility
- Mental Health Support
- Dietician
- Diabetes Education
- Speech Pathology
- Cardiac Health Program
- District Nursing Services
- Psychological Services
- Health Promotion



## Our Vision

An exceptional rural health service serving and engaging our local community.

# Yea Saleyards Health Clinic

The Yea Saleyards Health Clinics are led by Yea & District Memorial Hospital in partnership with the Yea Saleyards Committee of Management and the Murrindindi Shire Council.

The goal of setting up this service was to provide community members with incidental access to healthcare. We recognised the relevance of offering health services such as skin checks, eye exams, and blood pressure monitoring at local events, allowing sale attendees to take care of their health while waiting for their herd to be called.

The aim of the clinic is to promote health and wellbeing by bringing health services directly to the community.

Health checks delivered include:

- ✓ Heart Health
- ✓ Free Flu Vaccinations
- ✓ Skin Checks
- ✓ Mental Health
- ✓ Optometry
- ✓ Audiology



Hailey Docking, Yea District Memorial Hospital, Yea optometrist Kelly Wilsmore and Yea and District Memorial Hospital cardiac nurse Shona Miljkovic at Yea saleyards, April 2024.

Picture by Rachel Simmonds. Source: Stock and Land



## Upcoming Events



You will find YDMH holding various clinics at the Yea Saleyards on the first Friday of each month. Future clinics include:



**Friday 5 July 2024**

Free eye tests with Optair Eyecare



**Friday 2 August 2024**

Free Healthy Eating & Diabetes Support

# Our Urgent Care Centre

We work closely with our local GPs to provide emergency care services and elective procedures such as transfusions and minor skin excisions.

Additionally, YDMH utilises telehealth consultations through the Victorian Virtual Emergency Department program to ensure 24-hour Urgent Care cover.



24/7  
support



Please call us to discuss your care needs, on (03) 5736 0400

# Wound Clinic

A comprehensive wound management clinic is held every Thursday in Urgent Care which manages all aspects of acute and chronic wound management along with associated therapies.



Referrals to the clinic can be via your GP, or you can call us directly on (03) 5736 0400 to book an appointment.

# Shane Warne Heart Health Station available for all at YDMH



YDMH has partnered with the Shane Warne Foundation to install a Heart Health Assessment Station. A first of its kind within the township of Yea!

This includes:

- A free 4-minute self-serve health check measuring blood pressure, heart rate, smoking, BMI, and diabetes risk,
- Participants receive a Heart Age estimate to raise awareness of their risk of heart disease and are advised to consult their GP should any readings be outside the normal range,
- This service is completely confidential,
- You're also able to return for re-testing as often as you need to monitor your results.



Please call (03) 5736 0400 with any questions or to make a booking.

# Aged Care Closer to Home

What you would do if you needed to access Aged Care Services, now or in the future?



YDMH employs an Aged Care Liaison Officer to offer guidance on all aspects of the Residential Aged Care process.

At YDMH we have two aged care facilities, Rosebank Nursing Home, a high-level, residential facility and Rosebank Hostel, an Ageing in Place residential facility.

Every resident room features telephone and television connections, Wi-Fi access, and split-system heating and cooling. The corridors are wide, and there is level access throughout the facility. Residents can also enjoy secured garden areas with BBQ facilities at both locations.

*“I was able to place my mother in exceptional care, locally. The staff know her and she receives consistent high quality care that is hard to find in larger organisations”*

Rosebank resident's Next of Kin

Residents can choose their own doctors, and pharmacy requirements are delivered daily. Additionally, on-site pathology services are provided by an onsite visiting pathology service provider.

Other services include Dietician, Diabetes Educator, Allied Health Assistance, Physiotherapy, Podiatry and Optometry. A visiting hairdresser is also available.

Our extensive Activities Program has been developed by our Activities Coordinator and has an emphasis on activities based on residents' individual interests.

Rosebank Nursing Home is a high level, residential facility providing ten single ensuite rooms and four shared ensuite rooms.

Continuity of care is assured through the delivery of 24-hour care by our experienced aged care workforce.

Residents can enjoy their meals either in the communal dining area or in the privacy of their own room.

Rosebank Hostel comprises fifteen ensuite rooms which residents are encouraged to personalise. Subject to availability, there is also an opportunity for couples to be accommodated in adjoining rooms and respite care is also available.

The design of the building is such that residents are able to socialise in groups in communal areas or use quieter sitting areas located throughout the residence. Breakfast, lunch and evening meals are served in the communal dining room or can be taken in residents' own room if preferred. All meals are prepared fresh daily.

Experienced nursing and personal care staff are available 24-hours a day, and the co-location to the hospital allows for ready access to medical care should the need arise.



For more information about accessing Aged Care Services, please contact Sharyn Wedlock via [sharyn.wedlock@ydmh.org.au](mailto:sharyn.wedlock@ydmh.org.au) or phone (03) 5736 0400

# Working hard for the community



## Grant Funding

In the past 18 months, we have attracted grant funding for the following:

- \$850,000 in Regional Health Infrastructure funding to upgrade our back-up generator and electrical system which supports service continuity during times of power outages,
- External recurrent funding to support employment of our mental health nurse and cardiovascular nurse, and drug and alcohol specialists,
- Upgrading IT equipment,
- Employment of undergraduate nursing students,
- Clinical equipment,
- Staff education initiatives,
- Upgrade of staff facilities and amenities
- Installation of a new security system throughout the facility,
- Installation of the Active Footpaths Program,
- Support received through Flood Recovery grants and the Shire of Murrindindi to develop and implement our Sale Yards Program.

## Partnership and collaboration

We are actively collaborating with local health services and other providers to improve the health and wellbeing of the community.

This has included the following initiatives:

- Strong partnership with with Southern Hume Health Service Partners (Alexandra District Health and Seymour Health) to increase access to services locally,
- Establishment of a Rural Health Academic Network (RHAN) partnership with the University of Melbourne and the joint appointment of an onsite research coordinator.



## Future focus

Yea and District Memorial Hospital is focused on continuing to deliver high quality services and advocating for service expansion to meet the healthcare needs of the community.

This includes pursuing:

- Innovative Models of Care Funding for a municipality wide early intervention program for preschool children,
- Funding opportunities to expand the aged care services available locally,
- Expansion of our Yea Saleyards Program to reach more people in other locations,
- Partnerships to support improved access to mental health practitioners in local government schools
- Increased funding to provide additional mental health services across the region,
- Installation of a respiratory assessment service.



## Innovation

We have been delivering innovative local health services and are very proud to say that through advocacy and creative thinking we have achieved the following outcomes for the community:

- Shire wide Mental Health Support,
- Cardiovascular Health Clinic providing risk assessment and risk reduction advice,
- Wound Management Clinic providing assessment and expert management of both acute and chronic wounds,
- Skin Excisions Clinic - removal and biopsy of skin lesions by our local GPs,
- On-site Drug and Alcohol support,
- Monthly health check clinics at the Yea Saleyards
- Shane Warne Heart Health Station to support cardiovascular health,
- Dietetics services are available 5 days per week
- Counselling services have been expanded with the employment of a mental health nurse who works closely with our Psychologists,
- Drug and Alcohol Services are now available on-site,
- **COMING SOON:** Respiratory Function testing.

# District Nursing Service

## “Care in your home”

Our District Nursing Service provides care in the western half of Murrindindi Shire and offers a wide range of services, including:

- Chemotherapy Disconnection
- Palliative Care Support
- PICC Line Management
- Continence Management
- Dementia care
- Wound Management
- Post-acute Care
- Medication Management
- Hygiene Assessments
- Stoma care & management
- Carer Support and Education

Yea & District Nursing Service supports an active service approach, helping clients remain as independent as possible.

Recognising that each client has individual needs, our nurses work with each person and their families to identify and cater for these needs when developing a nursing treatment plan.

Our District Nurses have travelled **6,668km's** delivering care in the homes of our community this year



### How to access Yea District Nursing Service

To access the service or to find out how this service can help you, contact the Yea District Nurses directly on **03 5736 0430** or [DistrictNursing@ydmh.org.au](mailto:DistrictNursing@ydmh.org.au)

Referrals can also be placed via your GP, The Department of Veterans Affairs (DVA) or My Aged Care.

### Join our team

The hospital is the major employer in the local area, employing 107 plus Board members and volunteers, and works in partnership with the local community whose past generosity and continuing support contributes to the long-term viability of the Hospital and the services it provides.

**We have a number of employment opportunities available.**

Visit [yeahospital.org.au/join-our-team](http://yeahospital.org.au/join-our-team) or email [recruitment@ydmh.org.au](mailto:recruitment@ydmh.org.au) for more information.



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### A Health Service for the Community

Yea and District Memorial Hospital is committed to enhancing the health status of the community it serves through the achievement of clinical excellence and the provision of high quality health services.